

# DMSMCA

Community Newsletter - October 2019



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## Communities March for Peace



*Participants at the 2019 Communities March for Peace*

On September 18th, 2019, Daniel McIntyre/St. Matthews Community Association partnered with several other community organizations to host the 9th annual Communities March for Peace. Although the weather was grey and damp, attendance was good, with roughly 200 community members marching through the streets of west

central neighbourhoods, showing their commitment to neighbourhoods free of violence. At the rally we all shared a meal and a prayer offered by elder Charlotte Nolan, then danced to music provided by J.D. and the Sunshine Band.

Thanks to everyone who participated and helped to organize this event, and we hope to see you there next fall.

## Hygiene Supplies Drive

Many of us are able to fulfill our basic hygiene needs without ever having to give it much thought. However for too many members of the Daniel McIntyre/St. Matthews community, basic hygiene products are luxuries that can be difficult to access.

Because we believe that these items provide comfort and dignity, we stock a selection of hygiene products that are made available to any community member. Please consider donating to help us keep up with the growing demand.

We're in particular need of:

- Toothbrushes/Toothpaste
- Shampoo/Conditioner
- Disposable Razors
- Deodorant
- Lotion
- Menstrual Paper Products.

For more information call Laurel at 204-774-7005 or stop in at our 823 Ellice Avenue office.

### **Harm Reduction Distribution Site Monday through Thursday, 4:00 to 6:00pm**

823 Ellice Avenue, next to the 7-11 at Ellice and Arlington.

Harm reduction supplies and information will be distributed through the window nearest our front door. We offer safer sex and safer drug use supplies; hygiene items may also be available. Please take only what you need, and share what is left over. For more information, contact Laurel at 204-774-7005 ext 104, or [safety@dmsmca.ca](mailto:safety@dmsmca.ca)





# Socks, Scarves, Mitts and Gloves Needed

Winnipeg, winter is here! With your help, DMSMCA provided winter clothes to hundreds of community members last year. Most sought after are socks and gloves, but mitts, hats and scarves of all sizes and styles are needed. If you are cleaning out your closet, or looking for a way to help out, please consider bringing these items to DMSMCA at 823 Ellice, and we will distribute them free to our lovely participants.



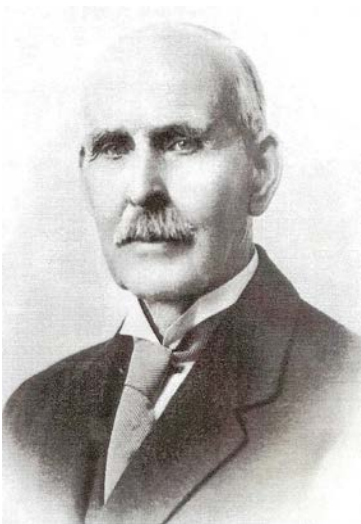
## Come Break Bread With Us!

On Thursday, October 24<sup>th</sup>, November 28<sup>th</sup>, and December 19<sup>th</sup>, from 4:00pm to 7:00pm, Daniel McIntyre/St. Matthews Community Association will be hosting our free monthly community supper at 823 Ellice Avenue. Come join us and enjoy a hot meal with your neighbours and the staff here at DMSMCA. It’s a great chance to discuss the neighbourhood issues that matter to you, meet new people, and learn more about the services we offer at DMSMCA. Childminding will be provided, and our building is accessible.

# Who Was Daniel McIntyre?

Daniel McIntyre was a teacher, and later a superintendant, in Portland, New Brunswick, an area that is now the northern part of St. John. He came to Winnipeg in 1883 to be principal of Carlton School on Graham Ave. Two years later he was appointed Superintendent of Winnipeg’s public schools, a position he held for 43 years!

Under his direction they grew from a handful of schoolhouses into a modern education system, and he was president of the Manitoba Educational Association



in 1911 and 1912. He felt that “success in education came not from repression and torture but from the encouragement

and happiness of the child” and that the development of the child is more important than the curriculum. McIntyre dedicated his personal life to children’s charities and was the first president of the Children’s Aid Society.

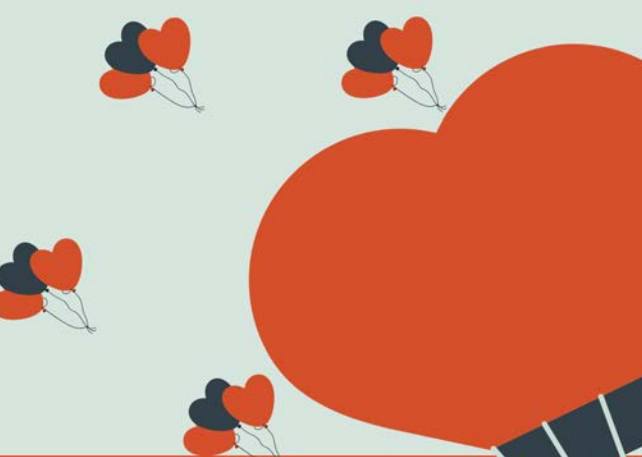
In 1923 the Winnipeg Collegiate Institute was renamed Daniel McIntyre Collegiate Institute in his honour, and in 1935, he was appointed as an Officer of the Order of the British Empire. McIntyre retired in 1929 and died in 1946 at Misericordia Hospital.




FOR FOLKS 55+ EXPERIENCING STRESS

# STRESS BUSTERS

MEET FOR COFFEE OR TEA AND TO CHAT WITH OTHERS LIKE YOU



EVERY TUESDAY  
AT 1:00 - 3:00 PM  
BOARDROOM AT  
823 ELLICE AVENUE



## Snow Bank

Youth in your community are offering snow shoveling to seniors, elders and folks with mobility issues.

Starting November 1st, and continuing until March 15th, this free service helps those who are unable to shovel their walks stay safe, mobile and active.

If you are able to make a donation to SnowBank, we will gratefully accept it. We want to help more community members enjoy the winter season as much as we do!!

For more information, to book snow clearing, or to donate cash or supplies, please contact Laurel by phone at 204.774.7005 ext 104 or by email at [safety@dmsmca.ca](mailto:safety@dmsmca.ca).

## Greening Update

Thank you to everyone who maintained a plot at one of the DMSMCA community gardens this summer. We appreciate your hard work and dedication!

If you are interested in using a garden plot in 2020, or if you are interested in volunteering to maintain a community pick box, please contact our office in May 2020.



A variety of workshops were offered this season including jam canning, creating an indoor herb garden, youth cooking, backyard composting and an outdoor yoga class. Thank you to everyone who attended these workshops!



Four community BBQ's were held between June and September. These BBQ's were a great opportunity for community members to connect with one another and enjoy the summer weather. If you are interested in hosting a block BBQ for your neighbourhood next summer, please contact our office. We provide a staff member, food, and the grill.

## Drop-In Hours

### Monday

Youth-only lunchtime drop-in  
11:00am - 1:00pm

PREP Employment Resource Lab  
1:00pm - 3:00pm

### Tuesday

Youth-only lunchtime drop-in  
11:00am - 1:00pm

PREP Employment Resource Lab  
1:00pm - 3:00pm

Stress Busters 55+ drop-in  
1:00pm - 3:00pm

### Wednesday

Youth-only lunchtime drop-in  
11:00am - 1:00pm

### Thursday

Youth-only lunchtime drop-in  
11:00am - 1:00pm



Community drop-in  
4:00pm - 7:00pm

### Friday

Drop-in closed

We also offer a variety of other workshops and programs that vary week-by-week. For more information, check out our Facebook page, visit our website at [www.dmsmca.ca](http://www.dmsmca.ca), or call us at 204-774-7005

# Employment Programs at DMSMCA

Our PREP Employment Readiness Program offers workshops, employable skills training programs and free employment services to help job seekers. Participants must be 18 years of age or older, be a resident of Winnipeg, be unemployed, underemployed or low income and have a social insurance number.

## Employment Resource Lab

Every Monday and Tuesday from 1 pm to 3 pm you can drop-in to our resource centre to:

- Access computers to work on your resume, cover letter, job search, print rental forms, medical forms, government forms and search for housing
- Use our photocopier, printer, fax and phone
- Receive assistance with your resume or book an appointment for another day and time
- Register for workshops or training programs

## Upcoming Programs and Workshops

Resume Writing Workshop  
Thursday, October 24 -1 pm – 3 pm  
*Learn about different resume formats and which one fits best for you based on your skills, experience and the job you are applying for.*

Job Search Skills Workshop  
Friday, October 25 – 1 pm – 3 pm  
*Learn about different job search strategies, networking and how to uncover the hidden job market.*

Custodial Skills Training Program  
November 4 – 6 – 9 am – 4 pm  
*Learn about workplace safety, recycling/ composting, floor care and various cleaning products and equipment used in the custodial field. WHMIS training is also provided in this program. Limited seats available. \$10 Program registration fee required, refundable after completing the program.*

For more information or to register please call: 204-774-7005 ext. 111 or email [prepassist@dmsmca.ca](mailto:prepassist@dmsmca.ca)

## Future training programs:

- Emergency First Aid and CPR Training (Level C)
- Safe Food Handler’s Course
- Security Course Training Program (subsidized)

Follow our Facebook page or visit our website: [www.dmsmca.ca](http://www.dmsmca.ca) for updates on these upcoming training programs.



# Introducing Em!

Hey, folks!  
I’m Em, a queer, non-binary, disabled white settler completing my social work practicum at Daniel McIntyre/St. Matthew’s Community Association on Treaty 1 territory until spring of 2020. I use they/them/theirs pronouns and identify as part of the 2SLGBTQIA+ community. My passion is community-driven harm reduction, education & social inclusion that is by community and for community.  
I’ll be working with Laurel at the drop-in at DMSMCA on Thursdays from 4:00 to 7:00. Come say hi!



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Daniel McIntyre/St. Matthews  
Community Association

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