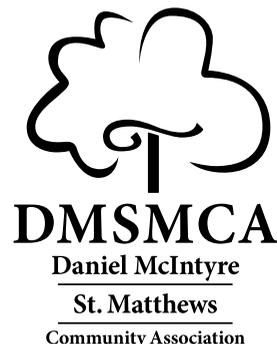


# DMSMCA

Community Newsletter - February 2020



*In this issue: Drop-In Hours Pg. 2, Winter Fest Pg. 3, Employment Programs Pg. 4, and more!*

## Record Numbers Attend Community Supper



*DMCI Jazz Choir performs for DMSMCA Community Supper attendees*

The third monthly DMSMCA Community Supper, held in December, 2019, hosted a record number of community members!

Over 70 guests joined us for turkey with all the trimmings and an exceptional performance by the Jazz Choir from Daniel McIntyre Collegiate Institute. A big thanks to their music director, Jana Zens, and to all of the singers for making the event extra special.

The DMSMCA Community Supper is a

chance for neighbourhood residents to share ideas and discuss issues affecting the Daniel McIntyre / St. Matthews community over a meal. Seating is limited, however, so it is "first come, first served".

The next two Community Supper events will take place on February 27th and March 26th, from 4:00 p.m. until the food runs out. Bring a plate and a cup if you're able. We look forward to seeing you there!

## Biting Back Against Bed Bugs

DMSMCA is a member of the West Central Bedbug Coalition, a group of West End community organizations who work in partnership to help combat bed bug infestations in our community.

Earlier this year, we relaunched our Bite Back website at [www.BiteBackWinnipeg.com](http://www.BiteBackWinnipeg.com). There you will find information about how to prevent bringing bed bugs into your home and, if you do, how to fight them. DMSMCA also offers a free, 45-minute bed bug prevention PowerPoint presentation for community organizations or residents' groups.

For more information about bed bug prevention or to book a presentation, contact Christian at 204-774-7005 ext. 102 or [housing@dmsmca.ca](mailto:housing@dmsmca.ca)

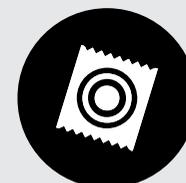


[www.BiteBackWinnipeg.com](http://www.BiteBackWinnipeg.com)

## Harm Reduction Distribution Site

*823 Ellice Avenue, next to the 7-11 at Ellice and Arlington.*

We offer safer sex and safer drug use supplies; hygiene items may also be available. Please take only what you need, and share what is left over. For more information, contact Laurel at 204-774-7005 ext 104, or [safety@dmsmca.ca](mailto:safety@dmsmca.ca)



# Drop-In Hours

## Monday

Youth-only lunchtime drop-in  
11:00am - 1:00pm

PREP Employment Resource Lab  
1:00pm - 3:00pm

## Tuesday

Youth-only lunchtime drop-in  
11:00am - 1:00pm

PREP Employment Resource Lab  
1:00pm - 3:00pm

StressBusters 55+ drop-in  
1:00pm - 3:00pm

## Wednesday

Youth-only lunchtime drop-in  
11:00am - 1:00pm

## Thursday

Youth-only lunchtime drop-in  
11:00am - 1:00pm



Community drop-in  
4:00pm - 7:00pm

## Friday

Drop-in closed

We also offer a variety of other workshops and programs that vary week-by-week. For more information, check out our Facebook page, sign up for our e-newsletter on our website at [www.dmsmca.ca](http://www.dmsmca.ca), or call us at 204-774-7005.

## StressBusters at Winter Wonderland



*StressBusters participants viewing lights at Winter Wonderland*

StressBusters is our Tuesday afternoon drop-in, at DMSMCA, for folks 55+ who enjoy a chance to unwind, have coffee or tea and chat with peers. Most weeks, we meet in the boardroom to colour, do crafts, listen to music or just visit.

Thanks to a generous grant from DMSMRI, StressBusters is able to participate in monthly winter outings as a group. It is a little extra motivation to keep active and socialize when the weather might stop us from doing so. We use these outings to try

something new, have a light lunch, or visit a gallery or museum.

Our most recent outing was to the Winter Wonderland lights display at the Exhibition Grounds. Sunshine House loaned us a van and a lovely driver named Rowan, and we had a great time touring the display while enjoying hot chocolate and doughnuts.

If you would like to join the StressBusters group, call Laurel at 204.774.7005 ext. 104 or [safety@dmsmca.ca](mailto:safety@dmsmca.ca) for more information.

## Thursday Nights at DMSMCA

Come join us for our community drop-in! It's a great chance to meet your neighbours, access services, and learn more about the work we do in your community.

Every Thursday from 4:00pm - 7:00pm, DMSMCA opens to the public. Enjoy a coffee and a snack, use the computers or our free Wi-Fi, get hygiene and harm reduction supplies, browse our selection of warm coats and boots, or even paint your nails,

all for free. It's also a great time to sign up for the free workshops and classes we offer through our PREP Employment Readiness program, or even get help updating, printing, and faxing your resume and cover letter. We also offer information on programs and resources offered by other agencies throughout the city.

It's chilly out - come warm up with us!

## Community Tax Program

On Wednesdays and Thursdays in March, we will be hosting CRA's Community Tax program.

From 1-3pm, people who are low-income and have straight forward taxes can meet with a CRA volunteer that will help them NETFILE their taxes. The program is offered on a drop-in basis. Come at 1pm and get your name on the list for that day.

More in depth tax questions, such as owning your own business, rental properties, or other investments are not eligible. We look forward to seeing you here.

## Home Repair Grants



In 2019, our partner organization, Daniel McIntyre / St. Matthews Revitalisation Inc., provided 29 neighbourhood home repair grants totaling nearly \$30,000. Most grants went towards building fences, replacing front steps or purchasing new windows.

These grants were made possible thanks to funding from the City of Winnipeg.

We hope to offer this program again in 2020 and will have more information available in early May!

For more information about the grants, visit the Housing Grants tab at [www.dmsmri.ca](http://www.dmsmri.ca) or contact Christian at 204-774-7005 ext. 102 or [housing@dmsmca.ca](mailto:housing@dmsmca.ca)

## Winter Fest is Back!



*Community members enjoying last year's Winter Fest*

Come out to our 11th Annual Winter Fest! Bring the whole family and celebrate the last of winter! Spend time with us outside as we play street hockey or warm up and cook marshmallows on the bonfire. Inside

the gym we will have hot chocolate, baked goodies, DJ and a bounce castle!

Join us on March 7, 2020 1pm-3pm at VCC Orioles site, 444 Burnell Street. We are excited to see you there!

## Homeowner Series Workshops

Daniel McIntyre / St. Matthews Community Association and local contractor Custom Cut Corners team up to bring you another series of hands-on workshops that will save you time and money.

We're pleased to offer seven workshops this year, covering a range of topics including:

- February 24, 2020 - Introduction to Plumbing (including how to replace a toilet)
- March 2, 2020 - Basic Drywall Repair
- March 9, 2020 - Building Envelope & Insulation
- March 16, 2020 - Introduction to Flooring

- March 23, 2020 - Introduction to Electrical

- March 30, 2020 - Building a Fence

- April 6, 2020 - Research the History of your House (with blogger Christian Cassidy)

All workshops take place Mondays from 6:30 to 8:30 pm at the DMSMCA Resource Centre 823 Ellice Avenue (at Arlington)

Space is limited and registration is required. Preference is given to those who live in the Daniel McIntyre and St. Matthews neighbourhoods.

To register contact: 204-774-7005 ext. 102 or email [housing@dmsmca.ca](mailto:housing@dmsmca.ca).

## PREP Employment Program Update

DMSMCA's PREP Employment Readiness Program offers free employment services and support for finding employment. Workshops and training opportunities are available throughout the year for job seekers. Participants must be 18 years of age or older, an inner city resident, low income, unemployed or underemployed and have a social insurance number.

It has been a busy year so far. To date, 200 people have registered with our program and gained new employable skills to become job ready for entry level employment. Many participants received resume and cover letter assistance and accessed employable skills training programs such as free Emergency First Aid and CPR Training, Safe Food Handler's Training and Custodial Skills with WHMIS training.

Subsidies were available for a Security Course Training program offered in partnership with 494 Security Services. Fifty participants received subsidies which assisted them with the cost of the course.

Employment Readiness Workshops are offered every month where participants learn about different job search strategies, networking and how to uncover the hidden job market. Participants also learn how to create different resume formats and which type is most suitable for them based on their skills, experience and the job they are



*Students attending the Custodial Skills Training Program*

applying for.

Every Monday and Tuesday from 1 pm to 3 pm you can drop into our Employment Resource Lab to:

- Access computers to work on your resume, cover letter, job search, print rental forms, medical forms, government forms and search for housing.
- Use our photocopier, printer, fax and phone
- Receive assistance with your resume or book an appointment for another day and time
- Register for workshops or training programs

### Upcoming Training Programs and Workshops

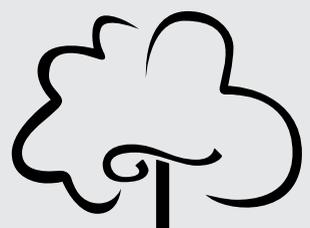
#### *Custodial Skills Training Program*

March 9-11, 9 am – 4 pm

Limited seats available. Program registration and Employment Readiness Workshop attendance or acceptable resume on file required. \$10 registration fee refundable at the end of the course.

#### *Employment Readiness Workshops*

- Tuesday, January 28, 1 pm – 4 pm
- Friday, February 21, 1 pm – 4 pm
- Friday, March 6, 1 pm – 4 pm
- Friday, March 20, 1 pm – 4 pm



**DMSMCA**  
Daniel McIntyre  
St. Matthews  
Community Association

### DMSMCA Community Newsletter

*a publication of*

Daniel McIntyre/St. Matthews  
Community Association

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